



BOTAVIKOS
skin care & aromatherapy

NATURAL
100%
INGREDIENTS


Cruelty-Free
and Vegan

SLEEP BALM
WITH NATURAL ESSENTIAL OILS

βοτανικός

— translated from the ancient Greek as
"relating to plants".



EFFECT

A fragrant balm based on herbal ingredients helps you relax and tune in to a comfortable sleep.

- ☑ **The composition of essential oils – sunny bergamot, grassy-sweet lavender, bitter floral neroli, tart rose –** has a soothing aromatherapy effect, reduces anxiety and irritation, harmonizes the nervous system, eases headaches.
- ☑ **The soft, natural floral and fruity fragrance** provides the perfect backdrop for an evening of peace, tranquility and restful sleep.
- ☑ **Thanks to its balanced oil-wax composition,** the balm has a pleasantly velvety texture and is easy to apply.
- ☑ **Herbal ingredients** take care of the skin when using the balm for a relaxing massage.
- ☑ **Shea butter, coconut oil, sunflower oil and rice bran wax** soften and smooth the skin.





SLEEP BALM WITH NATURAL ESSENTIAL OILS

Action

- relaxes
- soothes
- helps with insomnia
- relieves headaches
- reduces anxiety

Result

easy falling asleep and comfortable sleep

Directions for use

Apply a small amount of balm to the temple area, wings of the nose, pulse points, wrists and neck before going to bed. The balm can be used as a relaxing massage mixture.

NATURAL ESSENTIAL OILS

Bergamot essential oil has a sweet, fruity aroma with a spicy, balsamic aftertaste; it sets up positive thoughts, relieves anxiety, stress, nervous tension, reduces irritation and relieves feelings of oppression and hopelessness.

Lavender essential oil – the oil's spicy aroma is full of sweetness and floral fragrance with soft woody tones. Recommended for nervous exhaustion, loss of energy and weakness.

Lavender is the perfect backdrop for meditation, relaxation and harmony. Helps with insomnia and promotes comfortable, healthy sleep.

Neroli essential oil has a bright exquisite fragrance filled with tart, bitter-floral tones. Neroli has an anti-depressant effect. It calms you down, helps you sleep and lifts your spirits.

Rose essential oil has a noble, regal scent filled with a bright, tart floral fragrance. The fragrance of rose oil gives a light and clear energy, harmony and peace. Gently relieves fatigue, dizziness, migraines, and sets you up for a comfortable, calm, restful sleep.





COMPOSITION

Cocos Nucifera Oil, Caprylic/Capric Triglyceride, Butyrospermum Parkii Butter, Rice Bran Wax, Helianthus Annuus Seed Oil, Isopropyl Myristate, Citrus Aurantium Bergamia Peel Oil, Lavandula Hybrida Herb Oil, Citrus Aurantium Amara Flower Oil, Rosa Damascena Flower Oil, Tocopheryl Acetate, Linalool*, Limonene*, Geraniol*, Citronellol*, Farnesol*, Coumarin*, Isoeugenol*, Eugenol*, Citral*

* natural essential oil components

VOLUME	SHELF LIFE
30 ml	2 years

Before use, a test for individual intolerance of the components should be carried out.

APPROVED FOR USE 0+

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You are true to yourself
and trust in nature —
you choose Botavikos

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